



Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

HOLY REDEEMER PRE-SCHOOL

6.4 Nappy changing and Intimate Care

Policy statement

No child is excluded from participating in our setting who may, for any reason not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices and child privacy, in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults, where staff are always present.

Procedures

- Staff have a list of children in their care who are in nappies or 'pull-ups'.
- Nappy changing duties are carried out by all staff on a daily rota system.
- Our changing area is promotes privacy for the child, it is warm, with a safe area to lay children with no bright lights shining down in their eyes.
- Staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- Each child has their own labelled bag to hand with their nappies or pull-ups and changing wipes.
- Gloves and aprons are put on by staff before changing starts and the areas are prepared. Paper towel is put down on the changing mat freshly for each child.

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- In addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. The nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants, ordinary pants and any other clothing that have been wet or soiled are bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups or clothing in the setting this may constitute neglect and will be a disciplinary matter.

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| This policy was adopted by | The Holy Redeemer Pre-School | |
| Updated: | March 2025 | (date) |
| Date to be reviewed | March 2028 | (date) |
| Signed by provider: | Laura Heath, Manager | |
| | Shelley Masher, Manager | |
| Approved on behalf of the provider | | |
| Name of signatory | Rev Melanie Jemmett | |
| Role of signatory (e.g. chair, director or owner) | Chair of Trustees The PCC of The Holy Redeemer Lamorbey | |